

INCLINE T-BAR

JXPL - 001 - RBK - BL

Unique design for training lats and upper back. Chest pad provided to overcome lower back injury. Multi position footplate and hand grips for barbell and neutral position.



FEATURES

- ◆ **Inclined Design:** Optimal angle for targeting the lats, traps, and rhomboids with improved muscle engagement.
- ◆ **Adjustable Chest Pad:** Provides support and comfort for proper body alignment during exercises.
- ◆ **Plate-Loaded System:** Customizable resistance to suit users of all fitness levels.
- ◆ **Non-Slip Foot Platforms:** Ensures stability and safety during heavy lifts.
- ◆ **Durable Construction:** Built to handle heavy loads, ideal for advanced strength training.

SPECIFICATIONS

DIMENSIONS:

Length: 78 inches / 198 cms
Width: 40 inches / 102 cms
Height: 47 inches / 119 cms
Weight: 180 lbs / 82 kg

MUSCLE WORKED: Full Body

COLOUR AVAILABLE: Dark Silver

